

# RE-NEGOTIATING THE TERMS OF OUR SURRENDER

Health Canada's proposed changes to the Regulation of Natural Health Products confirms the battle to protect them was lost in 2004.

**In September 2016, a clear message was sent that dramatic changes are being proposed concerning the regulation of NHPs.**

Further, in early 2018 Health Canada released their timeline for implementing the proposed changes. The timeline is a work of art in political manipulation.

## **The Future We Want To See**

We believe the best person to decide whether something works for and enhances your life is **you**. We see a future where the individual is empowered and government protects us and our independence. The path to that future lays with confronting the regulators, who use the mantra of 'safety' to control us. We are on that path, we are walking it together, and we will change the future.



**nhppa.org**

NATURAL HEALTH PRODUCTS  
PROTECTION ASSOCIATION



# SURRENDER

## NHPPA fought to have the NHP Regulations repealed for over a decade. Why are we now “surrendering” to the existing regulations?

In reaction to Health Canada removing natural products (NHPs) from the market because they did not comply with the chemical drug regulations, Canadians revolted. Public pressure was so great the Standing Committee on Health was asked to determine how NHPs *should* be regulated. In response to the committee consultations, the Natural Health Product Regulations were drafted, and came into effect in 2004. It has taken nearly 13 years for the natural health industry to come into compliance with these Regulations. Now, Health Canada seeks to throw out the Natural Health Product Regulations just as the natural health community has complied with them. Canada’s unnecessary licensing requirements are about to become more onerous and costly.

## Trojan Horse Timeline

Health Canada plans to implement changes to NHP Regulations in three phases:

**Fall 2018:** Amend the labeling provisions of the *Natural Health Products Regulations*.

**Early 2019:** Begin harmonizing the regulation of non-prescription chemical drugs and natural health products. This will most likely include the repeal of parts of the *Natural Health Products Regulations*.

**2020:** The standards of evidence for natural health products will be harmonized with non-prescription chemical drugs. *Natural Health Products Regulations* will be completely repealed. Then, the standards of evidence and regulatory requirements will be increased.

**As with every tightening of regulatory requirements, more natural products will be lost. Censorship of truthful information will increase.**

## Belief

**We, as Canadians, have accepted a belief that is inconsistent with health freedom** – we are now arguing about the actions that flow from that belief. If you do not like the actions, you must change the beliefs which cause the actions. Focusing on the actions will *not* solve the problem.

The belief that supports our current NHP Regulations and Health Canada’s latest proposals is that *you* do not have the right to make personal health decisions. Rather the Canadian government has the sole right to decide what treatments and information are available to you.

## Censorship

With the proposed changes to NHP Regulations we will lose access to truthful information about natural products treating serious and/or chronic health conditions. Health Canada will likely reduce allowed claims for NHPs, and disallow traditional use claims for traditional medicines.

## Science

Health Canada is proposing most of the recent changes under the meme of “protecting” you from products without proved efficacy. At the same time, Health Canada is seeking to limit the types of scientific evidence accepted for licensing.

## Secrecy

**The devil is in the details, and the details aren’t given.** Despite over a year of public consultations, Health Canada has not revealed the details of proposed changes. Instead, the public is being given a deliberately vague overview of proposed changes. The problem is: details matter.

## HOW YOU CAN HELP

1. Make a one-time or monthly donation to NHPPA
2. Join the Freedom Network for news of actions and campaigns in your area
3. Follow NHPPA on Facebook for the latest